

SIU Scholarship: Dr. Abimbola Olaniyi Olajide

The Société Internationale d'Urologie offers Training Scholarships for young doctors with basic surgical or urological qualifications. The SIU Scholarships involve training in a recognized Urological center of excellence located in the candidate's geographical region. These SIU-accredited centers provide an excellent environment for learning and, in many instances, hands-on experience, so that candidates may acquire knowledge and skills that they will be able to transfer to their own setting of practice. In this series of short communications, SIU Scholars write about the impact that these training opportunities **facilitated by the SIU** had on their quality of care and career development. Information about applying for an SIU Scholarship is available at <http://www.siu-urology.org/>.

I completed my SIU Scholarship training at the Muljibhai Patel Urological Hospital (MPUH) in Nadiad, Gujarat, India, in the period July to December 2009. On arrival, I received a very warm welcome and reported to the training coordinator, Dr. Pradeep Ganatra, who introduced me to the Director and Head of Urology, Dr. Mahesh Desai. I was accommodated in the Doctors' Quarters, a serene environment, conducive for studying, with facilities for recreation. The hospital canteen provided quality food at affordable rates, which further helped me to concentrate on the training.

The daily activities of the unit started with an early morning meeting between 8 and 9:30 AM before proceeding to the operating room.

Monday: Teaching Round with Dr. M. R. Desai taking all doctors in the unit on a round, with discussion on each of the patients.

Tuesday: Uro-radiology meeting where the Urology and Radiology units discuss the radiological investigations of interesting cases seen recently in the unit.

Wednesday: Nephro-urology meeting where the Nephrology and Urology units discuss the prospective cases of renal transplantation and review the post-transplantation patients.

Thursday: Teaching round with Dr. M. R. Desai.

Friday: Uro-pathology with Dr. Anila Mathews, teaching and discussing the slides of recently received specimens with all doctors in the unit.

Saturday: A ward round with one of the consultants.

Operating room procedures were done every day of the week except Sundays. On Saturdays the list was usually short, and was followed by a presentation on various



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topics with visiting consultant urologists from various parts of India. During these sessions, I met the following teachers: Dr. Anita Patel (Female Urology/Urodynamics), Dr. S. S. Joshi (Pediatric Urologist), Dr. Rupin Shah (Andrologist), Dr. S. P. Bapat (Consultant Urologist/Director of Training).

The procedures performed in the operating room are incredible. All spectrums of diseases are treated in large numbers, giving wide exposure in urological surgery to all the trainees. I participated actively in 658 of 1292 procedures performed during the period. These included nephrectomy (72 laparoscopic, 4 open), pyeloplasty (19 laparoscopic, 8 open), laparoscopic adrenalectomy (4), laparoscopic ileal replacement of ureter (2), PCNL (145), semirigid ureterorenoscopy (76), flexible ureterorenoscopy (57), renal transplantation (38), TURBT (17), TURP (57), urethroplasty/meatoplasty (13), open partial nephrectomy (2), radical cystectomy and Studer's neobladder or ileal conduit (8), 8 fulguration of posterior urethral valve (6), cystolithotripsy (14), visual internal

urethrotomy (7), percutaneous nephrostomy (55), and arteriovenous fistula (65).

The dry and wet laboratories of the Jayaramdas Patel Academic center are places of skill acquisition. I trained in Endo-urology procedures on the Uroperc mentor, TURP simulators, and laparoscopic suturing in the dry laboratory, and on chicken models for laparoscopic pyeloplasty and porcine nephrectomy in the wet laboratory. This really helped in skill acquisition before operating room experience.

I was introduced to and trained to do diagnostic and therapeutic transrectal ultrasonography including drainage of prostatic abscess and TRUS guided prostatic biopsy. I also had the opportunity to do routine transabdominal ultrasonography for kidney and bladder, intraoperative ultrasonography, and transurethral intracavity ultrasonography.

The library at MPUH is well stocked with texts, journals, and Internet facilities. It helped so much to keep up with everything I had to learn.

I attended 3 international workshops on Endo-urology and a comprehensive update course on Uro-oncology. These were highly illuminating, and coupled with the fact that I had participated in most of these procedures, it was not difficult to appreciate the whole concept.

I participated in some research projects, like modification of the training model for laparoscopic pyeloplasty using chicken crop, and audit of AV-fistula performed in the center to determine factors affecting the patency of AVFs.

The consultants and residents were accommodating and willing to guide me through all aspects of Endo-urology. They made me feel wanted and invited me to their homes at different times. Other hospital staff members were also quite encouraging and willing to help.

The training afforded me the opportunity to meet people from other parts of the world and to share ideas. These included Dr. Francisco Jimenez from Venezuela, Dr. Nashwan Ibrahim from Iraq, Ketan Patel from the UK, and Drs. Shashanka Barua, Vinod Kanna, Kamlesh Maurya, and R. K. Tiwari from different states of India.

There are many festivals in India and they added glamor and variety to my stay in Nadiad. I witnessed the Navratri and Diwali festivals, which are 2 major festivals in India. After rounding up my academic and clinical activities, I was able to visit some other parts of India.

The language barrier constituted a limitation which prevented me from joining on-call duties and prevented personal patient evaluations in the out-patient department. This is because most of the patients cannot communicate in English.

This was an unforgettable experience for me, a eye-opener to what Urology ought to be, and a new foundation for my practice of Urology when I return to Nigeria.

I will always remain grateful to the Société Internationale d'Urologie (SIU) for this opportunity, and also the entire staff of Muljibhai Patel Urological Hospital, especially the Chairman of the Department of Urology and Director of the Jayaramdas Patel Academic Centre, Dr. Mahesh Desai, for their love and hospitality during the period of the training. I will also not forget the Consultants and Residents in the hospital, they all made my stay enjoyable and memorable.

Abbreviated CV. Dr. Abimbola Olaniyi Olajide was born on February 27, 1973. He attended Obafemi Awolowo University in Ile-Ife, Osun State, Nigeria, from 1990 to 1998 and obtained the degrees of bachelor of Medicine and Surgery in 1998. He worked as House Officer in Ile-Ife and as Medical officer in various hospitals from 1999 to 2001. He worked at the Obafemi Awolowo University Teaching Hospitals from 2002 to 2007 and obtained Fellowship of the West African College of Surgeons (FWACS) in 2007. His postgraduate dissertation compared total and subcapsular orchidectomy in the management of adenocarcinoma of the prostate. He has presented 6 papers at conferences and has published 6 papers in Nigerian journals.

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