

# SEPTEMBER 2017 VOL. 13 NO. 3 CONSCIENCE OF C

### This issue

### 2

Message from the Publications Chair

#### 6

The SIU and the Movember Foundation Partner in Global Health Education for Urologists

#### 7

Hellenic Urological Association (HUA) Group Membership

UCARE: A State-of-the-Art Clinical Research Platform for Urology

#### 8

What's New at SIU Academy

#### 9

Gothic Revival: Urological Exploration against a Revitalizing Backdrop

A Brief History of Portuguese Urology

#### **Corporate Sponsors**





👕 Coloplast









www.siu-urology.org

## Dr. Mostafa Elhilali 1937-2017

# In Memoriam

Dr. Mostafa Elhilali was born in Minia, Egypt on November 3, 1937. He received his medical degree from Cairo University in 1959 and completed his urology training in Egypt. He later came to Montreal where he completed a PhD degree in 1965 at McGill University and then repeated his urology residency training to obtain his Royal College certification in 1969. In 1975, he was appointed Chair of Urology at the Centre Hospitalier Universitaire de Sherbrooke and returned to McGill University in 1982 as Professor and Chairman of the Division of Urology. He held this position for 22 years before serving as the Surgeon in Chief and Chair of the Department of Surgery at McGill University.

Dr. Elhilali was an active member of many Societies and served as President for the Canadian Urological Association (CUA); the North Eastern Section of the American Urological Association (AUA); and for the SIU. He received many awards in recognition of his important contributions. These honors included the Lifetime Achievement awards from the Quebec Urological Association (QUA), CUA, AUA and SIU. He received the AUA Distinguished Contribution Award, as well as the Kidney Foundation of Canada Founder Award. He was the recipient of the prestigious title of Officer of the Order of Canada in 2002, and the Ordre National du Québec in 2009.

Continued on page 4

# For Trainee, SIU 2016 Was an Enjoyable Mix of Education and Fun with an International Flavor: Sophie Rintoul-Hoad

. . . . . . .

The first international urology conference I attended was the 2016 SIU Congress in Buenos Aires, and I had a brilliant time! The educational and scientific programme was excellent, featuring a variety of sessions and formats: plenary sessions, debates, hands-on instructional courses, surgical master sessions and symposia. The location and facilities at the Hilton were first-class and there was a warm atmosphere thanks to the international mix of speakers and attendees.

One highlight for me was the presentation of difficult surgery videos with the theme of "getting out of sticky situations", chaired by Dr. René Sotelo. The videos showed those scary moments you hope not to see during laparoscopic and

SIU Newsletter September 2017 - 1

Continued on page 3

# Message from the **Publications Chair**



Dr. Shin Egawa

Writing this column is one of my responsibilities as Chair of the Publications Committee, and I always enjoy and look forward to sharing my thoughts and musings with all of you. So, it is with sadness that I announce that this is the last column of my appointment.

Through my involvement with international societies, I have had so many experiences and made many fun memories. My first attendance at an international congress/meeting was at the SIU, which took place in Vienna in 1985. In the early years, the purpose of attending was mainly to exchange academic opinions and expand knowledge by engaging with new clinical trials, studies, and other information.

As time went on, meeting and chatting with old friends became what I enjoyed most about attending congresses. During a recent international meeting, I was invited to a local doctor's house by a friend from Italy. I was not personally acquainted with the doctor, but I accepted the invite because of my belief that a friend of a friend is also my friend. This is the "Circle of friends"—readers from Japan may recognize this expression made popular by a famous Japanese TV programme. I'm grateful that my own circle of friends is always getting bigger and bigger.

In a word, this kind of experience is "priceless". Nothing can substitute it! I sincerely hope that you will also make many friends in the world and make your life more colorful through active participation in the SIU. As US philosopher and psychologist William James once said, "A chain is no stronger than its weakest link, and life is after all a chain." I encourage you all to be strong of heart and mind in your dealings with others.



#### SIU Publications Committee Chairman

#### Dr. Shin Egawa Jikei University School of Medicine Dept. of Urology 3-25-8 Nishi-Shinbashi, Minato-ku, Tokyo, Japan 105-8461 s-egpro@jikei.ac.jp

Layout and Design SAM Design info@studiosamdesign.com

SIU Central Office editor@siu-urology.org

# **Editor's Note**

#### Dear Readers,

This issue of the SIU newsletter allows all of us to look back and ahead as well. To look back, we invite you to read our feature on Dr. Mostafa Elhilali, a man who is deeply missed by those whose lives he touched. Dr. Elhilali represented the embodiment of the SIU's mission to enable urologists in all nations to apply the highest standards of urological care to their patients, and words cannot express the void his passing has left. The outpouring of condolences on social media, news outlets, and elsewhere is a testament to the impact of his work around the world. His spirit will shine a guiding light on our progression forward, starting with the SIU 2017 Congress in Lisbon.

We're proud of our SIU 2017 programme that features master classes, scientific sessions, plenaries, and instructional courses designed to deliver education directly applicable to your practice, all based on the most cutting-edge research and techniques. We are truly excited to host an SIU Congress that will be relevant not only for urologists, but for nurses, radiologists, oncologists, and surgeons. We'll be on hallowed ground in Portugal; take a look back at the urological innovation that this country has produced for centuries in our historical feature. It's not too late to register for SIU 2017, a urological Congress not to be missed!

As the proverb goes, "you don't know where you're going until you know where you've been". Our community has always known this, as evidenced through their determination to share their experiences in these pages and in their work abroad. As always, if you have a unique, informative, and thought-provoking article you'd like to contribute, don't hesitate to let us know at editor@siu-urology.org

#### SUBMISSION DEADLINE FOR NEXT ISSUE: 5 PM EST, SEPTEMBER 15, 2017

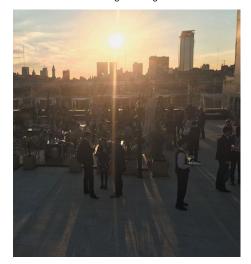
2 - SIU Newsletter September 2017

# For Trainee, SIU 2016 Was an Enjoyable Mix of Education and Fun with an International Flavor: Sophie Rintoul-Hoad



robotic surgery, and then an expert panel described what they would do if faced with these difficult challenges. The advice was practical and demonstrated how important it is for surgeons to learn from mistakes. In general, the Laparoscopic and Endourology "Surgical Demo" sessions were the most popular and covered a wide range of urological procedures.

Also, there were moderated poster sessions showcasing great projects from around the world. Many of these presenters were trainees, as the SIU provides a great opportunity to present findings on a world stage. Another great opportunity for trainees was the "meet-the-experts" session where I met five consultant urologists from different countries and discussed career questions such as fellowships, choosing urology specialties, and engaging with academia. There was definitely an "international" feel in the air which was even more apparent during the SANTU session, which covered situations where urological surgeons have needed



to be innovative and creative in order to deliver healthcare in the developing world.

It was not all work! I met some great trainees and delegates from around the world. There were social engagements arranged; the Hilton pool bar party hosted by the SIU innovators group being a particular highlight. I must also mention that the SIU Night party was amazing! It was held in an authentic Argentinian venue and we were treated to typical foods: empanadas, freshly barbecued meats, and of course home-grown wine. Entertainment was provided by Argentinian tango dancers and Gauchos, colourful native horsemen. Friendships and collaborations will undoubtedly continue beyond this congress. Plus, Buenos Aires proved itself as very gracious host as I explored the city and its stunning environs after the Congress.

In sum, the SIU Congress was a well organised and navigable affair. The wide range of urological topics was well represented by experts in their field, showcasing a worldwide perspective. The presentations were of good calibre and the research presented was both new and established. References were predominantly made to EAU and AUA guidelines, as well as international papers from a range of journals, Eur Urol, J Urol, and BJUI in particular. As a trainee, I appreciate that there is so much we can learn from each other, and SIU 2016 was a great opportunity to do so. You can read my full blog and watch my video: http://bit.ly/2rEBBVG •





SIU Newsletter September 2017 - 3

#### continued from page 1

Throughout the years, Dr. Elhilali never forgot his Egyptian roots, where he maintained a strong presence through the training of many fellows. His contribution to urology in Egypt and Africa was recognized as he was made Honorary President of the Egyptian Urological Association (EUA), the Pan Arab Urological Association and PAUSA. He received the Life Achievement Award, as well as the First Gold Medal from the EUA.

Dr. Elhilali was a practicing physician with an international reputation in urology. His work focused on kidney stones and prostate problems. He was a laser surgery pioneer in the area of BPH treatment and spent much of the last 15 years of his career involved in developing new surgical techniques and teaching them around the world. In Quebec, he was one of the original founders of Procure, a non-profit organization whose goal is "to provide science and humanity with means to help prevent and cure prostate cancer".

Dr. Elhilali cared deeply about the lack of care for the poor in developing countries. He attended and contributed to many conferences around the world and supervised surgeries in countries such as Sudan, Iraq, Kuwait and Saudi Arabia. He was a brilliant urologist with a passion for medicine, and a deep commitment to his patients and colleagues. He has made significant contributions to education, and innovations in surgery and urology at large.

Dr. Elhilali was known for his involvement and passion for the SIU. He became General Secretary in 1999, and held this position until 2006. He was instrumental in establishing the Central Office in Montreal, and under his leadership the SIU expanded its activities through annual meetings, the creation of the SIU Scholarship Programme, and various other educational and training programmes around the world. He served as President of the SIU from 2007 to 2009. Dr. Elhilali was active in many organizations, but the SIU and its Foundation were always close to his heart. Until his death, he served as the President of the FSIU.

Dr. Elhilali was largely responsible for turning the SIU into what it is known for today—an international and inclusive Society—which contrasted with its original structure of limited membership by invitation only. He valued this Society and its mission, and until his passing, never missed the opportunity to voice his opinions and influence the direction taken by the SIU.

Dr. Elhilali is survived by his brother, Medhat; his children, Halla, Mohamed, Sharif, Mona and Amy; and by his partner, Cynthia Gordon.

Dr. Elhilali's legacy, on many levels, will live forever. We have lost a colleague, mentor and dear friend and will always remember his strength, wisdom and generosity.

He will be greatly missed. May he rest in peace. •









Dr. Elhilali was known for his *involvement* and *passion* for the SIU







www.siu-urology.org

4 - SIU Newsletter September 2017



My first experience with Dr. Elhilali, which I would always joke about with him in later years, was when he hired me. He wasn't really sure what the job would entail at first, only that it would be 2–3 days a week. I had an office at the Royal Victoria Hospital, which was comprised of a desk, a chair and an empty filing cabinet. Six months later, it was a full-time job and the Central Office eventually evolved into what it is today–a separate downtown location with 12 employees. Dr. Elhilali gave me opportunities through this job to develop in ways that I otherwise would have never had the chance to do. I respected him greatly for the way he got things done and how he brought the SIU to where it is today.

#### Isabel Kolodny

Finance and Administrative Director, SIU

For those of us at McGill University, Dr. Elhilali was our reference, our gold standard. Dr. Elhilali had seen it all and was probably the most knowledgeable urologist I have met. He was our mentor and remained the person that so many former trainees would contact for an opinion, for



advice on their career, their practice or to guide them in difficult times. Dr. Elhilali always made time for you. He was someone you could always count on and someone who was always there when you needed him.

He was a passionate but very demanding person. He held high standards for everyone around him but always led by example. He was someone who would not tolerate compromise in patient care and everyone in the Department had to follow these rules.

He was a quiet man, very rarely raised his voice and was respected by everyone. We learned from him the value of integrity and its importance in our practice and career. We also came to understand that for every problem and every challenge there is a solution. For anyone who worked closely with him, we all learned (sometimes the hard way) that he would never accept no for an answer.

Dr. Elhilali trained me, was my mentor and became a good friend. We will all miss him greatly.

Dr. Simon Tanguay Vice President, SIU

www.siu-urology.org



#### "The greatest use of life is to spend it for something that will outlast it."

#### -William James

In the (too few) years I had the privilege to work with Dr. Elhilali, I had no greater mentor. He taught by example that with effort, hard work and diligence, all is truly possible. He was dedicated to making a meaningful difference in the lives of the young surgeons he taught at home and in areas of the world struggling with poverty and disparities in healthcare.

Hard work really does spotlight the character of people. Dr. Elhilali gave his time, knowledge, experience, and talents generously. When Dr. Elhilali saw something special in someone, he became their greatest advocate and supporter.

His lessons outlast him and live on in all the lives he touched. He leaves this world a better place.

#### Susie Petrusa

Director, Philanthropy and Special Projects, SIU



I viewed Mostafa as a great mentor and a very special person, as did many of my peers. He was a hard worker who was dedicated, always prepared, and never stopped thinking about the next step. In fact, his mind never stopped working. When he had a plan, he knew how to get people involved. He worked on many projects with collabo-

rators all over the world, and these people would eventually become his friends. He imposed respect not by the tone of his voice, but by the wisdom of his words. He led by example and was always supportive of his team. He was respectful of people, and he knew how to be constructively critical. He was faithful to his many friends. I worked closely with Mostafa for over 20 years, and I only have good memories of our time together. I have lost a mentor, but more importantly, I have lost a friend.

#### Dr. Luc Valiquette Past President, SIU

Luc Valiquette Simon Tanguay SIU Central Office Staff Isabel Kolodny Richard Bolton Martine Coutu Valérie Guillet Susie Petrusa Mercedes Peralta Miranda Connon Ana Acosta Anna Johansen



I recall a lot of good things about Mostafa, but one particularly striking moment that comes to mind is when he received the SIU Felix Guyon Medal in 2012 at the Congress in Japan. This prestigious award is given to an SIU member for their outstanding service to the Society. During his thank-you speech, he prepared a slide with the names of everyone at the SIU Central Office and warmly thanked and recognized each of us for our work. This was his spotlight and time to shine, yet he chose to share it with all of us, which was very touching.

Martine Coutu Executive Director, SIU

## **The SIU and the Movember Foundation** Partner in Global Health Education for Urologists



The Société Internationale d'Urologie is pleased to announce its newly formed collaboration with the globally celebrated Movember Foundation.

The Movember Foundation is the leading independent global men's health charity. It raises funds that deliver breakthrough research and programmes to help men live happier, healthier, and longer lives. It has funded over 1,200 projects focused on prostate cancer, testicular cancer, mental health, and suicide prevention. The outcomes from the various programmes and research initiatives led by the Movember Foundation will soon be available on SIU's eLearning platform, SIU Academy.

#### "Education is all a matter of building bridges."

- Ralph Ellison

Our collaborative strategy is to share our respective knowledge, research, and platforms, as it is our belief that strong partnerships help in providing health-improving care and outcomes for men. Together, we will offer greater access to research and education about diseases, prevention by healthy living, treatment options, and patient safety to physicians and healthcare professionals across the globe.

#### The SIU is pleased to endorse The Prostate Cancer Outcomes Registry – Australia and New Zealand.

Opportunities within our partnership allow the SIU to endorse important research like **The Prostate Cancer Outcomes Registry – Australia and New Zealand (PCOR-ANZ)**. This is an international initiative tracking the treatment and outcomes of men with prostate cancer.

#### "Research is creating new knowledge".

- Neil Armstrong

#### **About PCOR-ANZ**

(https://pcor.com.au/)

PCOR-ANZ is a population-based prostate cancer clinical registry to assist in improving the quality of care provided to men with prostate cancer. The registry provides the opportunity to improve knowledge of prostate cancer, advance treatment options and identify whether gaps exist in service provision by:

- Monitoring, benchmarking and publicly reporting on the outcomes of prostate cancer treatment and care;
- Providing risk adjusted, evidence-based data to clinicians, hospitals and decision makers on prostate cancer clinical practice that fosters and evaluates improved quality of treatment and care for men diagnosed with prostate cancer;
- Monitoring trends in incidence of prostate cancer in populations and survival over time;
- Determining the clinical effectiveness of treatments in a real world setting;

- Identifying factors that predict favourable and unfavourable treatment outcomes, particularly in relation to major adverse effects;
- Providing information to patients about the risks and benefits of specific approaches to prostate cancer treatment; and
- Fostering research leading to improvement in care and survival, ideally enabling comparisons across countries.

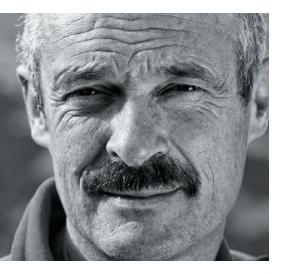
By 2018, the registry plans to be collecting data on over 85% of patients diagnosed with prostate cancer in Australia and New Zealand.

A key feature of PCOR-ANZ that has recently been launched is the prominent promotion of clinicians and hospitals that are committed to clinical quality through participation in the registry. The SIU, alongside national professional societies, is pleased to officially endorse this initiative as the first of several major international clinical quality initiatives that Movember Foundation is supporting. For more information on PCOR-ANZ, visit: https://pcor.com.au/

The SIU is enthusiastic about its new partnership with the Movember Foundation. We count on your support as members to encourage, promote, and participate in the research and educational programmes available to help find more effective treatments and therapies for men's health.

PROSTATE CANCER OUTCOMES REGISTRY AUSTRALIA AND NEW ZEALAND (PCOR-ANZ) IMPROVING PROSTATE CANCER OUTCOMES AND MEN'S HEALTH CARE

INTERNATIONALLY



. . . . . . . . . . .

# Hellenic Urological Association (HUA) Group Membership

Dear Colleagues,

I am delighted to announce the beginning of a new and promising collaboration between the Hellenic Urological Society (HUA) and the Société Internationale d'Urologie (SIU).

In today's era of globalization, where technological innovations and medical knowledge are rapidly changing, SIU's mission to "bring urologists together" couldn't be more timely.

Sharing the same philosophy in pursuing outreach, the HUA Board of Directors unanimously decided to self-finance the SIU annual membership fees of a significant number of its members for three consecutive years, starting in 2017. This gives young Greek urologists the opportunity to join the largest international urological community and enjoy the many associated benefits.

Priority has been given to our colleagues who have acquired the specialty of Urology within the last decade (2006-2016).

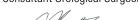
I am proud to give my full endorsement to Greek urologists who, despite many years of attempted austerity and economic reforms in Greece, are still very well trained in new technologies and procedures. We are confident that our colleagues, with their ethos, knowledge, experience and hard work, will enhance the SIU profile while contributing to its programs and activities.

My colleagues from the BOD and I would like to extend our sincere thanks to the SIU officers for their efforts towards the realization of this collaboration.

With collegial greetings,



**Dr. Iraklis Poulias MD, PhD** Consultant Urological Surgeon,





President of the Hellenic Urological Association [H.U.A.]

## Coming Soon

# A State-of-the-Art Clinical Research Platform for Urology

The SIU continues to invest and drive innovation in urology as part of its mission to promote medical education and research that will benefit patients worldwide.

We continue to carry out this vision by expanding the SIU digital platforms portfolio, building on the success of the SIU Academy eLearning portal and the *SIU@U* virtual Congress platform. This fall, we invite you to join us as we launch **UCARE**—a new platform for global clinical research in urology.

Designed with partnerships in mind, UCARE has its own research council, made up of representatives from each of the SIU's group members. The council provides a common framework for collaboration to drive high quality research activities, with the aim to unite, strengthen, and promote urological innovations. The first of its kind in the field of urological clinical research, **UCARE** will:

- **Connect** urologists and patients to clinical studies being conducted around the world
- Provide access to a growing and dynamic database of urological clinical trial information
- Increase visibility of active trials and emerging treatments for urological conditions

This novel website includes three major components: clinical trial listings, leading research registries, and publications that report results from various research initiatives in the field of uro-oncology.

Built with a highly intuitive design and a powerful search engine, **UCARE** will provide a one-stop clinical research site for all urologists.

## **UCARE:**

Uniting Global Urological Clinical Research through Technology and Collaboration

It will allow physicians from across the globe to quickly view the clinical trials and registries that are available to them, and provide their patients with a chance to participate in these studies.

Through **UCARE**, urologists around the world can jointly advance clinical research in urology and bring therapeutic innovations to patients worldwide.

**UCARE** will be available via SIU's official website, www.siu-urology.org. Stay tuned for official launch details.

# What's New at SIU Academy





#### Introduced in 2016, the eGrand Rounds proved to be a great addition to SIU's educational programmes.

#### Mark your calendars for the next events!

#### Surgical Grand Rounds in Endourology—Live on SIU Academy

Join us on **September 7** as we shine a spotlight **on prostate enucleation**. The session will feature challenging cases and lively commentaries from an in-studio panel of experts, weighing-in on each case, pre and post-surgery. **Faculty:** 

**Moderators:** Stavros Gravas, Greece- Jean de la Rosette, The Netherlands **Faculty:** Tevita Aho, United Kingdom- Joyce Baard, The Netherlands-Thomas Herrmann, Germany- Vincent Misrai, France- Richard Naspro, Italy-Armin Secker, Germany- Luc Valiquette, Canada

*This programme is supported by SIU's corporate sponsor* 



Join us on **November 2**, as present challenging cases on CNL, RIRS, TURBT, TURP, bipolar enucleation of the prostate, endoscopic treatment of UTUC, lasers in endourology and much more.

**Moderator:** Jean de la Rosette, The Netherlands

**Faculty:** Joyce Baard, The Netherlands- Vitor Cavadas, Portugal- Ranan Dasgupta, United Kingdom- Daniel Perez Fentes, Spain- Guido Giusti, Italy-Emanuele Montanari, Italy- Oliver Wiseman, United Kingdom

This programme has been submitted to the European Accreditation Council for Continuing Education (EACCME) and is awaiting CME approval.

This programme is supported by SIU's corporate sponsor, Karl Storz.

#### **Coming Soon**

#### **SIU TRaining program on Evaluation And Management of Male LUTS**

Module 3: Man with storage symptoms/overactive bladder and BPO (treatment-naïve)

Learning Objectives:

- Explain the rationale and follow the key steps for initial assessment of patients with multifactorial LUTS
- Understand the multifactorial etiology of LUTS
- Recognize patients with symptoms related to LUTS/BPH
- Identify men at risk for clinical progression of BPH
- Recognize the symptoms and need for treatment and understand treatment options for patients with storage symptoms/overactive bladder (OAB) and BPH who are treatment-naïve or who have received previous medical management

- Identify patients' expectations and priorities for treatment
- Counsel patients about treatment options based on the efficacy and safety of available medical therapies and findings from patient evaluation
- Evaluate and manage adverse events of medical treatments
- Explain follow-up strategies for LUTS/BPH patients

Faculty: Stavros Gravas MD, PhD, FEBU, Greece, Chair Mauro Gacci, MD, Italy- Jaspreet S. Sandhu, MD, United States

This educational activity was made possible by SIU's Corporate Sponsor, GlaxoSmithKline.

# Will you be attending the 37th Congress of the SIU in Lisbon? Join us for the SIU Academy Awards Ceremony

Saturday, October 21 - 1715–1730 Location: *SIU@U* Broadcast Studio

#### And the winners are...

#### **Outstanding ePoster:**

Medium- and Long-Term Outcomes of Ventral Buccal Mucosal Graft Urethroplasty with Spongio Flap Technique By Nariman Ahmadi, Australia

#### **Outstanding Expert Reviews:**

Surgical Management of Pelvic Fracture Urethral Injuries By Benjamin Breyer, United States and Arabind Panda, India

#### **Outstanding eSeries:**

Imaging in Renal Mass - Diagnostic and Local Staging Cochrane Systematic Review and Meta-Analysis By Pilar Laguna, The Netherlands (for the second year in a row)

#### **Outstanding Educational Video:**

Redo-vesico-urethral Anastomosis By Anthony R. Mundy, United Kingdom

#### **Outstanding Webcast:**

Access and JJ Stent for Flexible URS (from the Surgical Grand Rounds in Endourology) By Joyce Baard, The Netherlands

# **Gothic Revival:** Urological Exploration Against a Revitalizing Backdrop

Historic, fun, friendly: One could very well be describing the Société Internationale d'Urologie (SIU) Congress, but Lisbon, the oldest city in Western Europe and host to our 37th Congress, boasts all these characteristics. Are you as excited as we are to dive into the rich, historic landscape of this iconic city?

#### **City of Reflections**

The *cidade* das 7 *colinas* (city of 7 hills) is your gothic adventure par excellence and the ideal backdrop for reflecting on all your Congress take-aways. Prefer quiet, meditative reflection after a day of sessions? Why not meander through the Jerónimos Monastery? Or, if you crave vibrant and spirited discussion, dive into *Praça do Comércio*, bustling with cafes and shops. Every corner of this city has something for everyone.

#### Food for Thought

Join us

in Lisbon

October

19-22

www.siu-urology.org

The Congress will feature riveting discussion on topics such as Castrate-Resistant Prostate Cancer, Evidence-Based Outcomes in Oncology, and Female Urology. What better way to digest your learnings than over a traditional Portuguese feast? Whether enjoying the Portuguese national dish *bacalhau* (salt cod), experimenting with *Queijo de Azeitão* (Azeitão sheep's milk cheese), or exploring the sweeter side of Portuese cuisine with a Pastel de nata (egg tart), Lisbon is a foodie's dream city.

#### SIU Night (to remember)

On Friday, October 20, we gather to show Lisbon that urologists have more fun. SIU Night will feature traditional Portuguese entertainment in Lisbon's historical quarter. Enjoy food, drink and lively conversations with friends and colleagues in the relaxed setting of Pátio da Galé, the site of the Royal Palace when the earthquake of 1755 took place.

#### **Let's Explore Together**

The Portuguese are a vivacious, fun-loving people, and Lisbon was made to be out in the streets. Take it all in with any number of tours available for SIU participants.

SIU 2017

19-22

**Porto & Douro Valley (4-day tour)** Discover the traditional city of Porto. Classified as a World Heritage Site by UNESCO in 1996, the city center has exceptional architectural value. Later, enjoy Porto wine that the region is famous for and soak in the beautiful landscapes of the Douro river. This is a four-day tour of a lifetime!

Alentejo: The Portuguese Countryside (3-day tour) Located just two and half hours from Lisbon is Alentejo, an off-the-beaten-path, unspoiled region of Portugal completely yours for the exploring. Enjoy the local gastronomy, taste the fantastic wines, and relax in the midst of superb views.

From the narrow, peaceful streets of Monsaraz and the historical heritage in Évora, to the local wine production of the Esporão and Azeitão wine cellars, this tour promises to be as restorative as it is unforgettable!

Algarve: The Sunny South (4-day tour) With its warm climate throughout the year, a coastline of splendid beaches bathed by the Atlantic, unspoiled nature, rural way of living, and characteristic local hospitality, you'll find Algarve to be a land of surprises!

Enjoy four relaxing, sunny and memorable days.

Contact us at registration@siu-urology.org or visit www.siu-urology.org/congress-2017 to learn more.

## A Brief History of

By Manuel Mendes Silva, Urologist Physician, MD, FEBU

Portuguese urology became independent of surgery at the beginning of the 20th century, with the foundation of the first consultation on urinary diseases (1902), the development of techniques within the specialty, and the implementation of the first urology department in Lisbon (1906), which was followed by similar developments in the cities of Porto and Coimbra. While the Portuguese Association of Urology (APU) was officially established in 1923, the discipline of urology had already been in practice for many years. Here are a few important figures who punctuated the development or urology in Portugal.

uquese Ursloqy

#### Pedro Hispano (Pedro Julião) (PP João XXI) (c. 1215 – 1277)

In addition to being a physician, he was a philosopher and theologian, culminating in an ecclesiastical career as Pope John XXI. He wrote *Thesaurus Pauperum* (Treasury of the Poor), a book listing treatments for the poorest people, among them several for situations that are still current in urology today. This would have been the first book of "popular" medical treatments.

#### João Genovez (16th century)

The first stone surgeon authorized to practice in Portugal.

#### Garcia de Orta (1501 – 1568)

A physician, herbalist, and naturalist, he was a pioneer of tropical medicine, pharmacognosy and ethnobotany, working mainly in Goa, then a Portuguese overseas territory. His *magnum opus* was a book on the simples (herbs used singly) and drugs published in 1563 *Colóquios dos simples e drogas da India*, the earliest treatise on the medicinal and economic plants of India, including applications of medicinal plants for urological diseases.

## Amato Lusitano (João Rodrigues de Castelo Branco) (1508 – 1568)

Described and promoted (with Filipe Velez) the technique of candles for dilation of the urethra. He wrote the seven-volume Curationem *"Medicinalium Centuriae Septum"*, where he describes several urological cases, among them the first case of a neurogenic bladder due to spinal trauma, and a case of surgically cured intersex, where "He" becomes "She." A recognized physician and botanist, he is considered the father of Portuguese urology.

#### Zacuto Lusitano (Diogo Rodrigues Zacuto) (1575 – 1642)

He wrote *Praxis Medica Admiranda Libri* Tres in which he describes a case of a calculus obstructing the urethra crushed by the patient himself with a punch (which warranted the jocular comment: "what a stone... what a fist... and what a penis...").

#### Feliciano de Almeida (c. 1650 – 1726)

He wrote *Reformed Surgery*, in which he described the "cisório", a small knife for use in urethrotomy.

#### **Ribeiro Sanches** (1699 – 1783)

He dedicated himself mainly to sexually-transmitted diseases such as syphilis. Lived and worked in Russia, and made a name for himself in the Russian Court.

#### Manuel Alfredo da Costa (1859 – 1910)

In 1889, he performed the first nephrectomy in Portugal, and later focused his work on obstetrics. He authored several publications on urological topics.

#### **Artur Ravara** (1873 – 1937)

The founder of urology as an independent specialty in Portugal (1902 at Desterro Hospital, 1906 at San José Hospital, Lisbon), Ravara performed the first cystoscopy in Portugal. He was founder and first President of the Portuguese Urological Association in 1923, and President of the first Hispano-Portuguese Congress of Urology, Lisbon, 1925.

#### Ângelo da Fonseca (1872 – 1942)

Organized the first Urology Course in Coimbra, in 1908. He was the second President of the Portuguese Urological Association.

#### Artur Furtado Pereira (1863 – 1934)

Performed the first lithotripsy in Portugal at the Society of Medical Sciences of Lisbon in 1897. He was the President of the Urology Board at the XV International Congress of Medicine, Lisbon, in 1906, and third of the Portuguese Association of Urology. He published a *Urinary Semiology*.

#### **Henrique Bastos** (1873 – 1937)

Executed a series of urological firsts in Portugal: first ureteral catheterization, first perineal and transvesical prostatectomies, and first ureteropyeloplasty. He was the fourth President of the Portuguese Urology Association.

#### **Reynaldo dos Santos** (1880 – 1970)

A pioneer in both urology and vascular surgery, and the precursor of urodynamics in his native country, he performed the first aortography in the world and the first urography in Portugal. The fifth President of the Portuguese Urology Association, he published numerous works on urology and vascular surgery, among them an *Initiation to Clinical Urology*. At the end of his life he devoted himself to the arts and published a history of art in several volumes.

#### Óscar Moreno (1878 – 1971)

Moreno was Porto's leader in urology whose influence shaped the discipline in Portugal's North. He dedicated his life's work to exploring renal function (Ambard-Moreno constant).

10 - SIU Newsletter September 2017

## Featured New SIU Members



Name:Hassan AlkhatatbehLocation:JordanPosition:Fellow at San Giovanni Hospital<br/>(Rome)

I am a urologist from Jordan. I joined the Jordanian Board of Urology in 2014, and after that I worked as a urology specialist at Alzarqa Governmental Hospital, which is a high volume peripheral hospital that serves nearly 1 million people in Jordan.

I am now a fellow in Robotic Urology at San Giovanni Hospital in Rome, Italy. Since March of 2017, this center is one of the highest volume centers of urology in Europe, and is one of the training centers accredited by the SIU. I am very proud to be a fellow there under the supervision of Professor Gianluca D'Elia.

It was my pleasure to become a member of the SIU, which is the largest international urological organization in the world. Being an SIU member will help me stay updated in all fields of urology through access to the high quality monthly publications of The World Journal of Urology (WJU), SIU congresses, meetings, live surgeries and a lot of other urological activities. Also, SIU members are encouraged to submit their publications to the WJU which will help them in academic growth. Young SIU members can also apply for the annual training scholarship, which provides a great opportunity for training in distinguished centers all over the world that apply the highest standard of urological care and practice. The SIU is an international organization which enables its members to exchange their experiences and ideas with colleagues from all over the world. It also gives equal opportunities to urologists from all nations to have a more active role inside the SIU if they have the ambition to do so by encouraging them to bring novel ideas to the Society, effectively making them international leaders of the future.



Name:	Dr. Amanda Chung
Location:	Eastern Virginia Medical School,
	Norfolk, Virginia USA
Position:	Fellow in Genito-Urinary
	Reconstructive Surgery

I am currently a Fellow in Genito-Urinary Reconstructive Surgery at Eastern Virginia Medical School in Norfolk, Virginia. Born and raised in Sydney, Australia, I completed my Medical Degree at the University of New South Wales, Master of Surgery at the University of Sydney, and Urology Specialist Training in the New South Wales Section of Australia. I am also currently a PhD candidate through the University of Sydney. Soon, I will be returning to my home city of Sydney to be a urologist.

Professionally, my goal is to be a urologist with a subspecialty interest in Reconstructive and Functional Urology. I also have a passion for global health efforts.

After attending my first SIU Congress and realizing what a wonderful organization it was, I wanted to become a member. In particular, I connected with the international vision of the SIU--it embraces international collaboration. I like its mission of making urological education accessible to people everywhere, and how it strives to be innovative in its approach. As a urologist interested in reconstructive urology, I was impressed by the robust reconstructive urology presence at the SIU Congress. Last but not least, I feel an affinity with the SIU's interest in global health.

The SIU has some unique features which sets it apart from other urological societies. I appreciate the international vision of the SIU, including its desire for global collaboration and representation, like its name suggests. "Bringing Urologists Together" is its slogan, and I think this is invaluable.

Continued on page 12

#### **Morais Zamith** (1897 – 1983)

A native of Coimbra and the sixth President of the Portuguese Urology Association, Zamith published a book on *Urological Semiology and Clinical Urology*.

Since the 1950s Portuguese urology has enjoyed a clear progression in its development, technical proficiency, and research. Today, urology in this country need not envy the calibre of what's found in the EU, North America, or any of the leading centers in other parts of the world.

The Portuguese Association of Urology was established in Lisbon on November 15, 1923 by 25 founding partners, all leading figures in Portuguese medicine and surgery, who were committed to promoting the scientific development of their discipline. The Colleges of the Order of Physicians were founded in 1980 as technical consultative bodies in the various specialties, with an important role in the definition and evaluation of internships and qualification

The Lusophone Association of Urology was founded in Goiânia (Brazil) in 2009, and joins urologists from all Portuguese-speaking countries (as well as native Portuguese speakers established elsewhere). The Portuguese Genito-Urinary Group (Urological Oncology) of the EORTC and the South European Urooncological Group (GPGU-EORTC / SEUG) was founded in Lisbon in 1984 as a multidisciplinary group dedicated to urologic oncology.

## Featured New SIU Members

continued from page 11



Name:Marcos Siebra CoelhoLocation:Campinas, São Paulo, BrazilPosition:Urologist, Cruz Azul De São Paulo

I graduated in 2009 at Universidade Federal da Paraíba (UFPB). During medical school I was exposed to the surgical fields of study, and urology has always drawn my attention due to the possibility of working in both clinical and surgical settings. As the medical residency pathways in Brazil require you to become a surgeon before engaging in urology, I moved to São Paulo to obtain a degree in General Surgery in 2013. I was presented with an opportunity to perfect it in 2014, after a year dedicated entirely to laparoscopy. Then, I completed a three-year residency program in urology at Hospital Federal dos Servidores do Estado in Rio de Janeiro, and since March 2017 I have been practising as a urologist in Campinas and São Paulo.

As a young urologist and admirer of novel techniques, I am always seeking opportunities worldwide for advancing my surgical expertise. While I was preparing to travel to France for training in urological laparoscopy, Dr. André Cavalcanti, PhD, a former SIU scholarship recipient and UCSF Fellowship Attendant, introduced me to the Societé Internationale d'Urologie.

The collaborative nature of medicine drives every new doctor to seize opportunities to exchange experiences. I truly believe that associations have a fundamental role in gathering experts throughout the world, contributing to the development of new research, and improving the quality of care we give to our patients. As member of the Sociedade Brasileira de Urologia and European Association of Urology, it is an honour to also become a member of the Societé Internationale d'Urologie. I strongly believe that institutions like these are invaluable to their members. By providing continuous learning and research opportunities, organizing international events, and promoting urology worldwide, our careers can reach a much higher standard. •



Name:Dr. Gery R. CastilloLocation:Guatemala, GuatemalaPosition:Urologist Surgeon

From the beginning of my professional career in 2010, I have strived to uphold what I believe is the main purpose of my profession: to maintain and restore my patients' health. Therefore, it is necessary to present the various medical and surgical therapeutic options available to my patients, including the avant-garde and more advanced urological treatments. I look for my patients to understand their illness no matter how complex it is in order to obtain the best possible medical results. I carried this out at the institutional level as Head of the Urology Clinic of the National Cancer Institute and in my private Urological Clinic I share with one of the most experienced urologists in Guatemala.

I like Medicine in general, but urology especially because it's a specialty that allows me to cover all aspects of medical art: clinical evaluation, diagnostic procedures, and medical and surgical treatment. I love my profession, the pursuit of which I have been able embark upon not only through personal effort, but also with the unconditional support of my relatives, my wife, children and friends, without whom I could not be where I am today. I insist on continuing to learn about the vast world of urology every day. This has taken me to various countries to expand my knowledge, and I am aware that being a member of the Société Internationale d'Urologie not only gives me the opportunity to be recognized as a member of a distinguished international urology association, but also allows me to have access to a steady flow of reliable medical information relating to urology at an accessible cost. Furthermore, it provides me with the possibility of sharing my experiences and friendship both electronically and personally with urologists from different parts of the world. I am sure that my entry into the SIU is a step towards the personal medical excellence that every urologist seeks.



### WE ARE SIU



www.siu-urology.org/society/join-siu