



SEPTEMBER 2016 VOL. 12 NO. 3

# Newsletter

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## What to Expect from SIU 2016

Headed to Buenos Aires next month for SIU 2016? Here are just a few highlights to look forward to!

### Corporate Sponsors



**Instructional Courses**—Early riser? Make the most of your morning by registering for one of these highly-specialized sessions. Restricted attendance creates a classroom-like setting and allows for quality interactions with faculty.

**Subspecialty and Regional Programming**—SIU prides itself on being the international society for urologists. The first day of the programme is dedicated to addressing important urological topics from around the world, hosted by regional, national and subspecialty societies.

**Raw, Uncut Videos from Surgical Masters**—Want to see how the experts do it? Join us for the first-ever SIU Surgical Masters' day, featuring full-length, uncut video of various techniques and procedures for BPH.

**SIU Night at La Rural**—With a history going back over 140 years, La Rural is a National Historic Landmark located in the Palermo district of Buenos Aires. It was inaugurated in the late 1800's in order to support and promote agricultural issues in Argentina. Today La Rural is the main fairgrounds in Argentina and is the centre for cultural, business and tourist development in Latin America.

**State-of-the-Art lectures** from American Urological Association, Confederacion Americana de Urologia, European Association of Urology, Pan-African Urological Surgeons' Association, Sociedad Argentina de Urologia, and Urological Association of Asia. Make sure to attend the morning plenaries for the latest research and advances on the hottest topics in urology, including talks from experts hand-picked by major urological societies representing the world of urology.

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# Message from the Publications Chair



Shin Egawa, MD

During recent lectures overseas, I usually take a short time to introduce attendees to some of the cultural “flavors” of Japan. This has been unexpectedly difficult.

For example, in Japan, we enjoy fireworks in the late summer. Sparkling and disappearing in an instant,

some Japanese people see the transience of human life in fireworks. After summer, the season changes to autumn, and then to a long and cold winter. Thus, we probably also feel sentimental about the change of season while enjoying the fireworks display at the end of summer. When I relayed this snapshot of Japanese culture in a foreign country, it seemed as though the audience did not fully understand why this particular activity is unique to Japan, since fireworks were also popular in that country. This episode demonstrated how difficult it is to explain one’s own culture to people in different countries. Such customs are often understood subconsciously, through sensory perceptions. If we try to explain such nuances, we sometimes find it quite difficult.

Likewise, there are oftentimes when travelling that I encounter words or phrases that express a feeling or activity that cannot be replicated in Japanese. An example

of this would be the French term “sous bois”, which is used to express the smell of wet soil or damp wood. While this evokes a strong sensory response, it cannot be replicated in Japanese.

Cultures have been cultivated by the influences of lands, histories, climates and environments of countries. It is so much a fun to think about how an expression comes up, what is the background of a habit, what makes a person behave in a particular manner, and so on. I believe every SIU member enjoys such findings that stem from cultural diversity. That is the beauty of the SIU community, and I hope that you will experience this firsthand next month at our 36th Congress in Buenos Aires. ●



## Editor’s Note

Dear Readers,

Thank you once again for taking the time to catch up on what’s new at SIU. SIU 2016 is quickly approaching and we hope you are planning on joining us in Buenos Aires for another memorable event.



In addition, catch up on the following:

- What’s new at SIU Academy
- FSIU-sponsored workshop at Wad Medani, Sudan, and other SIU activities around the world
- Report on first-ever SIU eGrandRounds event
- Profiles and testimonials from SIU Scholars
- New member profile

Remember: the best way to stay connected is through our social media platforms. Join the conversation by following us on Twitter at [SIU\\_Urology](#), or liking us on Facebook ([SIUUrologyIntl](#)). Please let us know what is happening in your region and what important urological activities and news SIU members should know about. All contributions and questions/comments regarding the current issue can be directed to [editor@siu-urology.org](mailto:editor@siu-urology.org). We’d love to hear from you.

Anna Johansen [editor@siu-urology.org](mailto:editor@siu-urology.org)

Submission deadline for next issue:  
5 PM EST, September 11, 2016



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# What to Expect from SIU 2016

All work and no play makes for a dull urologist!

*continued from page 1*

After enjoying a comprehensive and dynamic scientific programme, make sure to extend your trip and explore everything that beautiful Argentina has to offer. Below are some of the tours available for SIU participants. Contact us at [congress@siu-urology.org](mailto:congress@siu-urology.org) or go online to [www.siu-urology.org](http://www.siu-urology.org) to learn more.

## Iguazú (3 days/2 nights)

An unforgettable tour that will bring you to the Argentinean side of the Iguazú Falls. The falls were one of the very first protected areas in South America, declared a World Heritage Site by UNESCO, and are one of the New Seven Wonders of Nature.

## Mendoza (3 days/2 nights)

Mendoza is known as "the land of the sun and good wine" and this is the perfect tour to introduce you to its local wines. Visit two wineries that use traditional wine making methods as well as one that uses the latest technology. But did you know that Mendoza is also known for its olive oil? A side trip to observe the process of making olive oil is also in order.

## El Calafate (4 days/3 nights)

Come admire one of the most spectacular views on earth, the Perito Moreno Glacier. Located in Los Glaciares National Park, it was declared a UNESCO Universal Mankind's Heritage Site.

## Land of Gauchos (4 days/3 nights)

Enjoy a full day tour of Buenos Aires before leaving the city to visit two typical Argentine ranches. Get acquainted with the Argentine country lifestyle and delight yourself in homemade cuisine, friendly hospitality, fresh air and activities to let you experience the gaucho traditions.

## Salta (4 days/3 nights)

Salta is the Argentine city where the Spanish influence is best preserved. Enjoy its touch of elegance that talks of a sumptuous past that is still alive in its large old houses and flowery courtyards. Also visit Cafayate, a beautiful village in the Calchaquí Valleys, famous for its wine production. And do not miss out on the gorgeous landscapes of Humahuaca Gorge with its old towns full of history and tradition.

## Tango Experience (5 days/4 nights)

This is your opportunity to experience the home of the Tango: Buenos Aires. The city provides perfect scenery which takes you to the past to relive, little-by-little, how tango became one of the most elegant and sensual dances in the world.

## SIU 2016 Doesn't End on October 23. Help Us Leave a Legacy.

While the scientific sessions may conclude and the meeting rooms may empty, SIU is dedicated to making a positive and long-lasting impact on its host city. Join us in contributing to Fundación Margarita Barrientos, an important charity in Buenos Aires that supports some of the city's most vulnerable groups, including children and seniors. SIU will have a donation box set up on site to help collect much-needed supplies for the charity, including non-perishable food items, school supplies, shoes, as well as cash donations. For more information: [www.margaritabarrientos.com.ar](http://www.margaritabarrientos.com.ar) ●



We can't wait to see you in Buenos Aires!



Ranjeet Patil, India  
Member since 2015

## MY SIU IS...

SIU has opened up the world of urology to me, through SIU Academy programs and the *World Journal of Urology*. SIU is different than other societies as it has no regional borders. Urologists all around the world gather under one roof to advance urology worldwide in the true sense. The SIU Congress in Melbourne was an academic treat for me. The best memory of my SIU Congress is my poster presentation, which was encouraged by the SIU jury.

## What is YOUR SIU?

Let us know at

[communications@siu-urology.org](mailto:communications@siu-urology.org)

# GrandRounds

8 hours of live streaming, 6 experts, 5 interesting lectures, 4 challenging cases, 1 exclusive sponsor.

On **April 14**, SIU's first **eGrandRound in Endourology** took place at the AMC University hospital in Amsterdam, The Netherlands. This was the first of a series of events which combine live surgery with lectures complementing the cases featured in the surgery.

**Stone Treatment** was the main topic of this first edition of **eGrandRounds** and four live surgeries and five lectures were given by five European endourologists, Dr. Thomas Herrmann from Germany, Dr. Christian Seitz from Austria, Dr. Guido Giusti from Italy, and Dr. Guido Kamphuis and Dr. Joyce Baard from the Netherlands. The entire event, exclusively sponsored by KARL STORZ, was broadcasted live from 8:00 to 16:30 (*Central European Summer Time CEST, UTC+2*) via SIU Academy. Spectators were also able to interact with the members of the faculty, following them on twitter and leaving live comments.

The program started with a warm welcome from Professor J. De La Rosette, Chairmen of the AMC Urology Department and the soul behind the organization of the event. The first lecture given by Dr. Baard was a useful analysis of the evidence for the use of JJ stent and the different ways of access for flexible ureterorenoscopy. The second and the third presentation covered PCNL. Dr. Herrmann gave a detailed explanation about modalities and advantages of Mini-PCNL; Dr. Seitz explained how to handle, and more importantly, how to prevent the most common complications that can occur performing this procedure. Dr. Giusti gave his tips and trick to perform a safe flexible ureterorenoscopy and Dr. Guido Kamphuis closed the event with a lecture on UTI and antibiotic prophylaxis in stone management.

The four live surgery patients represented challenging and interesting cases, even for this eminent faculty. During the first flexible ureterorenoscopy, performed by Drs. Giusti and Kamphuis, we could observe a replacement of stones from the lower to the upper pole and the execution of the dusting technique. The first PCNL was introduced by a debate on which is, nowadays, the most recommended patient position to perform this kind of procedure. Dr. Herrmann and Dr. Giusti performed two percutaneous accesses to treat the lower and the middle pole of a complete staghorn stone.

Because of the strong suspicion of an infected kidney stone, there was a discussion on the pros and cons on proceeding in one session for complete stone removal versus a staged procedure. After complete removal of stones in lower pole, renal pelvis and interpolar system, the upper pole was left for the second stage. The third patient had a growing nefrocalcinosis involving the parenchyma in the upper pole and was treated with flexible ureterorenoscopy by Dr. Kamphuis and Dr. Baard. There proved to be stones stuck in the upper caliceal infundibulum causing dilatation of the upper pole. During the procedure, the faculty discussed the possible treatment modalities and pros and cons of flexible URS versus (mini) PCNL. The last operation was a combined procedure FURS/MiniPerc in a patient with an obstructing stone in the renal pelvis and a previous ipsilateral plastic junction. Dr. Seitz and Dr. Baard performed the flexible ureterorenoscopy, while Dr. Herrmann and Dr. Maaïke Boude performed the PCNL.

The combination of lectures and live surgery, the challenging cases, the frequent debate between the experts and the tips and trick shown during the procedures all contributed to high levels attention and interest from the urological community, and ensured the success of the event.

If you missed the premiere edition of the SIU **eGrandRounds** or if you would like to take a deeper look into some of the aspects treated during the event, webcasts are available on the official SIU Academy eLearning Portal.

An exciting program is lined up for the rest of 2016 which will include PCNL, RIRS, TURbt, TURp, bipolar enucleation of the prostate, endoscopic treatment of UTUC, lasers in endourology and much more.

There are still a few dates left this year! If you haven't been able to join us for one of our preceding eGrandRounds, save the date for the next event on your calendar: October 6, December 8.

## FACULTY FOR FUTURE EVENTS

Dr. Joyce Baard, The Netherlands  
Dr. Jean de la Rosette, The Netherlands  
Dr. Guido Giusti, Italy  
Dr. Thomas Herrmann, Germany  
Dr. Emanuele Montanari

Dr. Guido Kamphuis, The Netherlands  
Dr. Christian Seitz, Austria  
Dr. Olivier Traxer, France  
Dr. Oliver Wiseman, United Kingdom



From left to right: Prof. Jean de la Rosette, Dr. Joyce Baard, Dr. Guido Giusti, Dr. Emanuele Montanari, Dr. Thomas Herrmann and Dr. Guido Kamphuis

# From Paris with Love: The 6th International Meeting “Challenges in Endourology”

The 6th International Challenges in Endourology meeting was held May 29–31 at the Marriott Rive Gauche Hotel in Paris. Almost 600 urologists, trainees and nurses from 62 countries witnessed a dynamic program on endourology. Participants had the chance to experience cutting-edge developments, live surgeries, and interactive discussions with the leading experts in the field.

## Day 1 – May 29

The meeting kicked off with poster presentations. The prize for the best poster presentation was awarded to the ‘comparison analysis of new single-use and reusable flexible ureteroscopes’, submitted by G. Fojeci and colleagues. The lecture hall was turned into a wide-screen cinema where videos on endourologic procedures and developments were shown. A video on confocal laser endomicroscopy highlighted its potential for the diagnosis of urothelial cancer. Likewise, 3D histopathology analysis sounds promising to improve the diagnostic process. This theme of innovation was continued during the symposium sponsored by Karl Storz. SIU President, Prof. Naito inspired the audience with his passion for endourology during the opening lecture. The meeting was then officially opened by the meeting Chairs Prof. Jean de la Rosette and Prof. Olivier Traxer, together with the AFU president Jean-Luc Descotes.

## Day 2 – May 30

The second day started with the society lectures, including, Dr. Stavros Gravas, representing the SIU, who highlighted the extensive amount of online learning possibilities of the SIU Academy.

The first live surgery session focused on endoscopic stone treatment and raised questions such as: when should you make a retrograde study? what is the optimal duration of pre- and post-operative stenting? Along with this discussion, the new single-use Coloplast ISIRIS device for ureteral stent removal was demonstrated. This device seems ideal for the outpatient setting and enables stent removal without assistance.

During the Olympus-sponsored symposium, new developments were introduced e.g. the new Plasma oval button for prostate vaporisation. Another highlight was the presentation about the benefits of PDD and NBI, which Dr. Guido Giusti summed up nicely: “If you do not see something, it does not necessarily mean that there is nothing. You might just not be using the best device to find what you are looking for.”

Different imaging techniques were put into practice during the live TURBTs and RIRS. Afterwards, the ins and outs of ureteral stenting were discussed during the Coloplast-sponsored symposium.

The second day ended with a session of nightmare cases. Prof. de la Rosette and Dr. Giusti presented seven challenging cases to a panel of young urologists. They were asked to propose steps to approach these real-life cases.

## Day 3 – May 31

During the morning lecture, different endourological topics were addressed. After an update on laser enucleation techniques for BPH, these laser techniques were put into practice during the first surgery session of the day. Different bipolar enucleation procedures were also demonstrated. Seeing these experts at work, one might conclude: “Enucleation is the way to go”.

During the last symposium, Boston Scientific presented the LithoVue. This single-use digital flexible ureteroscope has a 3.6 Fr ID working channel.

It delivers exceptional digital image quality while being able to deflect 270° in both directions. Experts foresee a bright future for this instrument, which was also used during the live surgery sessions.

The last live surgery session of this meeting focused on combined procedures and mini PNLs. During the combined procedures the Shockpulse Lithotripter and the Lithoclast were used. Lastly, two mini PNLs were shown. Dr. Lahme remarked that the rubber seal should never be placed on the exterior part of the Amplatz sheath to guarantee low intraluminal pressures and stone fragment removal by irrigation.

After three very educational and engaging days, Profs. Traxer and de la Rosette closed this 6th International Meeting, with thanks to organizers and sponsors. We are looking forward to the upcoming ‘Challenges’.



Dr. Jaap Legemate and Dr. Jan Erik Freund

## SIU Around the World

In addition to CIE 2016 in Paris—reported on above—SIU has been present at many different events, and in many different capacities, around the world.

### May

Tehran, Iran

Dr. Simon Tanguay and Dr. Jean de la Rosette (SIU General Secretary and General Secretary-Elect, respectively) met with Board Members of the Iranian Urological Association in Tehran during the Iranian Endourology and Urolaparoscopy meeting.



*Continued on page 7*

# Innovator Profiles



The SIU Innovators' mission is to engage early career urologists from around the globe in the workings of the Society in order to harness their energy and innovation to promote the growth and development of the Society. At the same time, the SIU Innovators offers members opportunities for career advancement within the Society.

For more information on SIU Innovators, go to [www.siu-urology.org](http://www.siu-urology.org)

## Who is an SIU Innovator

The idea behind the Innovators is to engage and **promote early career members** of the SIU community. Engaging means drawing young members into the organization in order to take an **active role in SIU Congresses, committees, SIU Academy, and for peer review of articles** in our journal, the World Journal of Urology. Promoting means providing young members with **opportunities for academic growth**, including the opportunity to **present original work or deliver state-of-the-art presentations**. At the same time, the Innovators are invited to help shape the SIU of the future, to ensure it remains a dynamic organization that is attractive to young urologists.

Below are some profiles of leading members of the SIU Innovators.



Paolo Gontero

1. **Current home town:** I work in Turino and live in Narvara, Italy—they are a one-hour train ride apart. I like the phrasing of “current” as I do not yet know what will be my final destination!
2. **One special skill outside of Urology:** I think it is food tasting. I strongly believe that almost everything in life is subjective, but I am quite convinced that when it comes to food tasting, this is objective. I’m probably biased because I am Italian, but honestly, I strongly believe that what I don’t like is simply not good!

3. **What kind of music do you listen to in the OR?** My mentor in surgery actually hated music, so I don’t feel the need to listen to music when I’m operating. But, I want the OR to be a pleasant place so I like the staff to listen to the music they prefer.
4. **What kind of Professional athlete would you most like to be?** I think I would need to be a coach. You can apply it also to urology; I think this is the most difficult role, so it is the most rewarding. You can apply it also to your life because you can be a good coach in your profession, if you are a leader and you can be a good coach and leader also in your family and with your friends.
5. **What is your best memory of an SIU Congress?** It was last year (2015 Melbourne) when my little son walked in the conference centre, and it was the first time he saw me in a conference and he just ran toward me and embraced me and looked really proud.
6. **What is your favourite travel destination?** It was the around-the-world tour I took for my honeymoon because it summarized my feeling on travelling. I always like to ask myself, anytime I am in a nice place, “would you spend the rest of your life in this place?”. The answer is always no—eventually, I end up deciding that the best place is the place where I live. Not that it is necessarily the best city or country, but just because it is my home.
7. **What do you consider the greatest innovation in Urology, thus far?** I can’t answer that, but I can tell you what I find the most interesting: the Foley catheter. It was developed to solve a problem for the man who was actually going into space because he, of course, could not urinate in his space suit. So, I like the idea that sometimes ideas come from the service of other purposes, other fields.
8. **What do you read while travelling: novel, newspaper, or journal?** I always have my favourite novels in the bag, but most of the time, unfortunately, I end up doing my congress presentations when I travel. I love the books of Sir Arthur Conan Doyle (Sherlock Holmes), and I love the novels of Agatha Christie.
9. **Besides the Congress, what activity are you most looking forward to in Buenos Aires?** I would love to see how the Italian community—which is very strongly represented in Buenos Aires—lives. I am very curious about that.

10. **What do you think is one of the greatest moments/events in world history?** I think it was when man went to the moon. I think it represents the need for man to test boundaries, and I find it really fascinating.
11. **What is your favourite TV series?** Poirot—a character of Agatha Christie.
12. **What is one piece of advice you would give to urology Residents/Trainees?** I would advise them, irrespective of if they are academic or non-academic, just try to prove to yourself that you love your field enough to try to leave something behind in your professional life—a little breakthrough in the knowledge of urology.



Fernando Secin

1. **Current home town:** Buenos Aires, Argentina
2. **One special skill outside of Urology:** I try to spend much of my time with my four children. I also play golf—I like sports.
3. **What kind of music do you listen to in the OR?** I try to listen to pop music. I also try to ask other people in the OR if they like any other type of music so that everyone enjoys the experience.
4. **What kind of Professional athlete would you most like to be?** Since I like sports a lot, if I have to choose, I would try to choose an athlete that plays on a team. I would rather play team sports rather than individual sports. I used to play football, rugby, handball, but now I play golf. Even when playing golf, I prefer to be in a foursome than playing on my own.
5. **What is your best memory of an SIU Congress?** 2015 in Melbourne—I liked the friendly and relaxed atmosphere of the meeting. Everybody was really kind to me.

6. **What is your favourite travel destination?** There are many nice places. I try to believe that the best destination is yet to come. That said, there are phenomenal places to visit in Argentina, such as Bariloche. I enjoy going to the north of Argentina, where my wife is from, because my children have a good time with family. I believe the people around you are more important than the surroundings.
7. **What do you consider the greatest innovation in Urology, thus far?** It's not easy because there are so many. If I had to choose one—which deserves the Nobel Prize—it is the discovery of the utility of hormone therapy in patients with prostate cancer.
8. **What do you read while travelling: novel, newspaper, or journal?** When I travel I try to catch up with work, so many times, I have to do my own stuff—emails and things that have to do with administration. If I don't have to do anything, I would rather watch films because that is something I never do.
9. **Besides the Congress, what activity would you recommend for visitors to Buenos Aires?** I always tell visitors to take an extra week or so to visit other places: Bariloche, Iguazu falls, Patagonia. Argentina is a country that caters to all tastes, so if you are visiting you just have to decide what you want to do and you will mostly likely be able to do it!
10. **What do you think is one of the greatest moments/events in world history?** I think for Argentinian history, and for many places in the world, it is the moment of independence. This is a great moment in history for each country. For us, Argentina in particular, I think having an Argentinian Pope was one of the greatest things that could happen to us. That was beyond everyone's expectation.
11. **What is your favourite TV series?** I seldom watch TV. Friends recommend *24*, *Breaking Bad*, but honestly, I never watch them. The only thing I watch on TV is soccer, when Boca Juniors are playing. It is one of the most popular teams in the World.
12. **What is one piece of advice you would give to urology Residents/Trainees?** I always tell my Residents to invest the largest amount of their time in training. I tell them not to be lured by the possibility of coming out quickly into the job market to earn good salaries. Once you complete your formal training and you go out to work, irrespective of whether you work in a solo practice, university, academic setting, you are relatively alone. Ultimately it is you who faces the

consequences of complications, and it is much more difficult once you are done training.



Patricia Zondervan

- Current home town:** Amsterdam, The Netherlands
- One special skill outside of Urology:** Cooking
- What kind of music do you listen to in the OR?** Any music with a good beat.
- What kind of Professional athlete would you most like to be?** I have no idea!
- What is your best memory of an SIU Congress?** Glasgow 2014
- What is your favourite travel destination?** France and Italy
- What do you consider the greatest innovation in Urology, thus far?** The change to more minimally invasive approaches on different subspecialties within urology, such as ureterorenoscopic treatment of upper tract tumors, laparoscopic and robotic assisted kidney surgery, focal therapy for kidney and prostate.
- What do you read while travelling: novel, newspaper, or journal?** Journal
- Besides the Congress, what activity are you most looking forward to in Buenos Aires?** I am looking forward to experiencing the atmosphere and the culture of the city and the people. I'm interested in the local food.
- What do you think is one of the greatest moments/events in world history?** In my opinion there is not one "greatest moment" in history; multiple consecutive moments evolved and made our society as we know it today.
- What is your favourite TV series?** Crime series, especially the Scandinavian ones.
- What is one piece of advice you would give to urology Residents/Trainees?** Be focused and dedicated to your profession, but never forget the moments of relaxation and joy in life because that will make you a balanced and dedicated professional. ●

# SIU Around the World

July

Singapore



Dr. Olivier Traxer, SIU Treasurer, was the SIU-Named Lecturer during the 14th Urological Association of Asia Congress, held in conjunction with Urofair 2016 in Singapore.

August

Tehran, Iran

During the Iranian Urological Association, August 23–26, Peter Black represented SIU as the official Society lecturer.



September

Tucuman, Argentina



This month, the Sociedad Argentina de Urología will host SIU General Secretary, Dr. Simon Tanguay, Canada and Dr. Pilar Laguna, The Netherlands in Tucuman, Argentina as SIU Lecturers in advance of our Congress in Buenos Aires.

## SIU Growing Around the World

SIU continues to expand its membership worldwide, recently including more than 200 new members from Iran! Welcome to all new members. Encourage your colleagues to join today see page 11 for a profile on one of our newest members.

More information at [www.siu-urology.org](http://www.siu-urology.org)



WE BRING  
UROLOGISTS  
TOGETHER

# SIU Training Scholarship Reports

## FSIU Training Scholarships

The Foundation of the Société Internationale d'Urologie scholarship programme for young urologists (less than 10 years since MD qualification) is one of the cornerstones of our educational mission. The programme involves training in a recognized institute located in the candidate's geographical area. There are also a number of opportunities for training abroad as a visiting scholar in an observational role.

For more information: [www.fsiu.org](http://www.fsiu.org)



**Frank Kora Chacha**

Scholarship awarded: 2015

Training Centre: The Kilimanjaro Christian Medical Centre (KCMC)

### Biography

Frank Kora Chacha earned an undergraduate degree of Medicine at Bugando University College of health sciences 2003 to 2008 located northern Tanzania. He worked at Bugando medical Centre as a registrar in the urology unit from 2008 to 2013. Thereafter, he pursued his residency in urology at Kilimanjaro Christian medical university college (KCMC) in 2013. Since then he has attended several training urology courses in both endoscopic and open procedures. He has now rejoined his team of urologist back at his workplace to serve masses of patients in need, using skills acquired during his training in urology.

### Excerpt from Report

My aim for the SIU fellowship was to obtain uro-endoscopic and research experience.

During my stay, I learned a lot of endoscopic procedures and acquired enough skill to perform some of these procedures, such as Cysto EUA, TURP, TURBT, TURBX, TUIP, DVU, valve ablation in PUV and, also developed skills in some open procedures, such as nephrectomy, hypospadias repair, ureteric re-implantation (psoas hitch), Mainz pouch urinary diversion and urethroplasty.

One of the most interesting cases I observed was a patient referral from peripheral with non-visualized right kidney revealed by ultrasound (Renal Agness) with huge cystic left kidney for which he underwent a left nephrostomy. In our centre we did explorative laparotomy and performed dismembered pyeloplasty of the left kidney while the right kidney could not be found on exploration and there were no signs of right nephrectomy. Currently the patient is doing fine and awaiting stent removal 6 weeks post-operation. Endoscopic treatment for urolithiasis percutaneous nephrolithotomy (PCNL), extracorporeal shock wave lithotripsy (ESWL) and other minimally invasive treatment options for urolithiasis are still challenges and are not available at the center.

I learned a lot of urological procedures, not only endoscopic but also open surgeries. I can also not forget the research experience I gained. I am finalizing data analysis on late-presenting PUV and early surgical outcome at KCMC. There is a tremendous opportunity in the center despite not having minimally-invasive facilities. I recommend the center to the doctors in Africa who are interested in urology.

My special thanks to Dr. Frank Bright for accepting me and guiding me in the training. I also thank Dr. JS Mbwambo, and the fellow trainees for all the assistance I received from them.



**Mahmoud Faisal Rashad**

Scholarship awarded: 2015

Training Centre: Muljibhai Patel Urological Hospital (MPUH)

### Biography

Mahmoud Faisal Rashad was born in Al Manyal, Cairo, Egypt. After earning his MBChB from Al-Azhar Faculty of Medicine in Cairo, Egypt, he spent my urology residency at Al-Azhar University Hospitals and received my urology MSC. (Master's degree). Currently, he is an Assistant Lecturer at the same hospital.

### Excerpt from Report

I participated in all urologic clinical and academic activities at MPUH, starting with daily morning clinical rounds at 8 am, the operation theater until 5 pm, and then afternoon rounds until 6 pm. During this period I might also go to the outpatient clinic, library or dry lab, according to my daily schedule. I also participated in the Tuesday histopathology meetings and Wednesday transplantation meetings before morning rounds. In addition, I attended two nice lectures in BPH by Dr. Claus G. Roehrborn, MD, USA.

For me, the most interesting practice at MPUH was going to the dry lab to develop my motor skills in laparoscopic surgery, especially field orientation, hand-eye coordination and suturing skills. Every Saturday MPUH provided me with one chicken as simulator for pyeloplasty and urethro vesical anastomosis. I would like to thank Dr. Pradeep Ganatra, the MPUH supervisor for academic activities, for his support, as well as all the staff at the dry lab.

I also attended a nice advanced laparoscopic urology workshop, which was held in a nearby city, with live transmission of 12 different laparoscopic cases alongside amazing lectures. I was assisted here in writing two scientific papers under observation of Dr. Arvind Ganpule and Dr. M.R. Desai.

The MPUH operation theater resembles a bee hive. Everyone knows his/her job and does it perfectly. It was the first time for me to see robotic surgery, and I observed and assisted on different laparoscopic surgeries, which was my primary goal. In the field of renal transplantation, I advanced my knowledge and assisted in both laparoscopic nephrectomy for both donor and recipient. Regarding endoscopic surgery, I saw here nearly all procedures mentioned in lectures of endourology, performed by highly-skilled surgeons like Dr. Desai, Dr. R.B. Sabnis, Dr. A. Ganpule and Dr. S.K. Mishra.

I would like to thank my professor Dr. Ismail Khalaf, from the urology department at Al-Azhar university, Egypt, for his great effort in helping me to come to MPUH. I would also like to thank Dr. Mourad Mahmoud and Dr. Sayed El Ewedy, for their great help and support. My deep respect and great thanks to Dr. M.R. Desai, Dr R.B. Sabnis, Dr A. Ganpule and Dr. S.K. Mishra, MPUH urology consultants for their excellent teaching and kindness.

My great thanks to SIU for giving me this great clinical opportunity. It was nice for me to come to MPUH. I learned a lot and I wish to apply what I know to improve the urology service in my own hospital.

MPUH.... Enter to learn, exit to serve.

*Continued on page 10*



# What's New at SIU Academy

## Have You Saved the Dates for the Next eGrand Rounds in Endourology Events?

Join us live on SIU Academy on **October 6** and **December 8** for the last two events of this programme.

In the meantime, the webcasts of the eGrand Rounds events that took place on April 14, June 9 and June 30 are available on SIU Academy. Access them [here](http://bit.ly/2amht2B) today (<http://bit.ly/2amht2B>).

## 2015 SIU Academy Awards for Outstanding Content

If you are attending the 36th Congress of the SIU in Buenos Aires, don't forget to join us for the **SIU Academy Awards ceremony, on Friday, October 21, at 11:20 AM**. Here are our winners:

### ePoster



Coral Anderson  
United States

### Expert Review



Ernesto Cordeiro  
France



Rafael Sanchez-Salas  
France

### eSeries



Pilar Laguna  
The Netherlands

### Educational Video



Palle Ooster  
Denmark



Adrian Joyce  
England

### Video Webcasts



Urs E. Studer  
Switzerland

This year, we also have a surprise award to give away. You won't want to miss this!

## Upcoming SIU-endorsed Events



### 13th Workshop on Urethroplasty

Join us on SIU Academy on **October 18-19** for the **XIII Curso Internacional de Reconstrucción Uretral**, transmitted live from the Sanatorio Güemes in Buenos Aires.

This workshop chaired by Dr. Reynaldo Gómez (Chile) and Dr. Javier Belinky (Argentina) promises to be exciting and educational for both onsite and on-line audiences. You can expect to watch state-of-the-art surgeries such as perineal end-to-end repair of pelvic fracture urethral injury, 2nd stage buccal mucosa urethroplasty, one-stage panurethral stricture (Kulkarni procedure), to only name a few.

The educational goals for this event are:

- To present and discuss the essentials of urethral reconstructive surgery, from analysis of the anatomy and aetiology of each case, to evaluation of the available reconstructive techniques.
- To discuss details of pre- and postoperative care and follow-up of patients after urethroplasty.
- To discuss presentation and management of complications of urethral reconstructive surgery.

Don't miss the chance to attend this highly educative workshop.

For more information and to find out out to register to attend this workshop, please contact: [cursoetroplastia@gmail.com](mailto:cursoetroplastia@gmail.com)

Register to attend the workshop via SIU Academy: <http://bit.ly/2anGWph>

Please note: participants who attend the SIU 2016 Congress in Buenos Aires will receive a discount on registration for the **13th Workshop on Urethroplasty**. Proof of registration will be required.

### 10th Masterclass of Genito-urethral Reconstructive Surgery (GURS)

For the 4th consecutive year, the SIU is pleased to endorse the Masterclass of Genito-urethral Reconstructive Surgery (GURS) meeting. Chaired by Dr. Daniela Andrich (United Kingdom), this event represents the perfect opportunity for surgeons interested in Genitourethral Reconstructive Surgery to come together and discuss with international experts of the latest hot topics and difficult challenges in this exciting area of surgery. The 10th Masterclass of GURS will be held from **October 31 to November 4, 2016**.

Surgery takes place in two operating theatres at The Institute of Urology, University College London Hospitals (UCLH), and will be transmitted via livelink to the lecture theatre of the Royal College of Surgery.

To register: please contact [kelly.Higgs@uclh.nhs.uk](mailto:kelly.Higgs@uclh.nhs.uk)

Please note that the webcasts of these meetings will be available on SIU Academy following the events. ●

# SIU Training Scholarship Reports

continued from page 8



## Alphonse Marie Sibomana

Scholarship awarded: 2015

Training Centre: The Kilimanjaro Christian Medical Centre (KCMC)

### Biography

Alphonse Marie Sibomana, MD, was born January 25th 1973 in Nyanza District, Rwanda. He graduated from the University of Rwanda in 2007 as a medical doctor. He worked at Kabgayi District Hospital from July 2007 up to August 2008, and from August 2008 to June 2011. He worked at Kigali and Butare University Teaching Hospitals Surgery Department and Rwanda Military Hospital in the Surgery Department from July 2011 to September 2013. Because of his interest in surgery, he started a Masters of Medicine (Urology) in 2013 at KCMUCo (Kilimanjaro Christian Medical University College) Moshi, Tanzania. Currently he is in his final year. His main interest is in endourology and clinical research. He has presented two papers a national and international conferences.

### Excerpt from Report

During my time at KCMC, I was exposed to many academic activities. These include daily ward rounds, weekly teaching seminars, outpatient clinics, minor theatre/day case procedures, and major theatre procedures.

I was lucky that during my study period, the 11th ESHLEMAN WORKSHOP was organized at KCMC from November 23-27, 2015. It was a good opportunity to meet different urologists from Great Britain and Ireland,

The Netherlands, Sweden, Tanzania, Kenya and Uganda. It was the first time for bipolar TURP at KCMC BIPOLAR TURP and more than 20 cases were booked. We had a good opportunity to be exposed to this procedure and were able to explain and share this experience with different urologists

I gained the following skills during my time at KCMC.

- Patient workup and pre-operative evaluation
- Open surgery skills: operating on high urethral strictures, buried penis from circumcision injury, urinary diversion, mainly Mainz Pouch II, radical nephrectomy, hypospadias with chordee different techniques, epispadias repair, urethral cutaneous fistulae, and more.
- Endoscopic surgery: care of endoscopic tower, how to manipulate it, EUA, urethrocystoscopy, DVU TURBT, TURBx, and TURP Monopolar and Bipolar TUIP, BNI and valve ablation for PUV.
- Post-op follow up of different conditions
- Leadership, team work management and organizational skills when on call and in teaching undergraduate students

I learned a lot of urological procedures, not only endoscopic but also open surgeries, and also gained valuable research experience. I am now in the final stages of writing a report for dissemination on *Long Term Complications after TURP for BPH at KCMC Moshi TANZANIA from October 2000 to October 2010.*

I extend my gratitude and appreciation first and foremost, to SIU for the opportunity, and Prof Dr. A.K Mteta for accepting me and guiding me during the training. I also thank Dr. JS Mbwambo, Dr. Frank Bright and the fellow trainees for all their assistance. ●

# FSIU in Sudan

## Making a Difference through Partnerships



Mostafa Elhilali  
FSIU President

As surgeons, we know we can save lives by providing the right training and tools to those most in need. As a global philanthropic organization, FSIU understands that our efforts are best spent linking people, organizations, and resources to achieve the greatest outcomes and change.

Our hope in sharing our successes is to demonstrate the incredible progress that is being made by simply connecting dedicated individuals and organizations, and by working together towards a common goal.

The FSIU has been involved in philanthropic work at the Gezira Hospital for Renal Diseases and Surgery in Wad Medani, Sudan, for over a decade. Our support began with the help of Dr. Mohamed Ghoneim who hosted numerous trainees at the Mansoura Urology & Nephrology Center, one of SIU's Accredited Training Centres, and was instrumental in securing the donation of the first C Arm X-ray Machine from Philips.

Our continued loyalty is the result of the Centre's mission to treat underprivileged patients who cannot afford care, which is the better part of the country's 37 million citizens. In addition, the Centre's unyielding dedication—under the leadership of Professor Mohamed Elimam—to increase its medical staff, further their training, and increase and better its urological services has been integral to its success.

*I am humbled by SIU's unremitting support of my people. My patients thank me with a deep appreciation for having the patience to stay in my country and to combat the triangle of poverty, disease and illiteracy. I respond that I am not alone in this social combat, but with me is a global community of professors and their irrefutable mission in justice, hope, and health for all.*

—Mohamed Elimam

With approximately 65 urologists in Sudan, the need for urologic equipment and training seems infinite, and the need to do more was difficult to overlook. However, as a charitable organization, our resources alone are not enough. The FSIU was determined to find additional fund-

ing to support the centre's equipment needs and to help fill in the educational gaps through training of both its surgeons and nurses. In 2013, the FSIU—with the guidance of Professor Michael Marberger—applied to the OPEC Fund for International Development (OFID) and was successful in its tender. FSIU was awarded a grant to repair and purchase missing urological equipment.

Our first objective was to perform a needs assessment to determine our next steps. We called upon Professor Ismail Khalaf, a dedicated philanthropist in his own right, who has been instrumental in the centre's development since



Nurses and doctors from Wad Medani

its inception. Dr. Khalaf conducted a site visit to evaluate the hospital's needs and provided us a list of recommendations for missing equipment and repairs. In addition, he ran a workshop on urethral strictures with the objective to provide 40 Sudanese urologists and trainees with the tools and training to temporarily manage urethral strictures.

With the list in hand, we reached out to another close ally, Dr. h. c. mult. Sybill Storz, Managing Director of the Karl Storz Group, who generously agreed to provide the missing endoscopic equipment and repair the broken items. Karl Storz, a family-owned business, committed to providing aid in several ways, including in-kind donations which promotes long-term sustainability.

Thanks to Karl Storz' donation of the endoscopic equipment, FSU has been able to purchase additional surgical instruments, a much needed sterilizer, a surgical bed and light.

Our next focus was on education and training in the centre. Professor Mohamed Elimam indicated three areas in most need of education: stone

*We believe that through partnerships we will be more successful in pooling resources and sharing skills and knowledge.*

*We know that improving patients' lives can only happen by working within their communities.*

disease management, particularly in cases of unusual complexity and late presentation; urethral strictures commonly found in central African countries; and escalating cancers, specifically bladder cancer. Dr.

Paul Sweeney from Ireland has visited the centre several times and has driven the development of a surgical programme for the treatment of bladder cancer (cystectomy) which is now practiced regularly.

Recently, Drs. Sanjay Kulkarni and Sandesh Lalchand Surana from India were hosted at the Centre, where they provided extensive training and performed 16 urethroplasties and 2 direct vision internal urethrotomy (DVIU).

*Together, we are making a difference*

An extensive collaboration between IVUmed, Drs. Ismail Khalaf and Paul Sweeney has emerged to advance nurse training, from sterilization to post-operative care and intensive care training. In addition, at the recommendation of Dr. Sweeney, the Sudanese government recently supported a number of nurses to be hosted at Mercy University Hospital in Cork, Ireland for advanced training and education.

Despite this great progress, FSU's work is far from over. Our objective this year is to purchase an ultrasound and several patient-controlled analgesia (PCA) systems.

We are proud to be driving this collaborative effort. This fall, Dr. Simon Tanguay, SIU General Secretary and FSU Treasurer, will join me as we travel to Wad Medani to see firsthand the positive impact the new equipment and training programmes has had on the Centre's aspiring surgeons, and most importantly, Sudanese patients. Join us in making a difference. ●

Donate today at:  
[www.fsiu.org](http://www.fsiu.org)



## Featured New SIU Member



Chak-Lam Cho  
China

**Name:** Chak-Lam Cho  
**Location:** Kwong Wah Hospital, Hong Kong, China  
**Position:** Associate Consultant (Urology)

I am a urologist registered with the Hong Kong Academy of Medicine and obtained my Fellowship from the Royal College of Surgeons of Edinburgh. I completed my overseas training last year in the field of adult and paediatric reconstructive urology, and male infertility at various centres in USA and Europe. The clinical practice in Hong Kong consists of both general urology and subspecialty interest. It is important for me to keep track of the latest developments in a wide scope of areas in urology.

I first heard of SIU during my resident training, but it is not until last year that I learned more about the SIU membership. My colleague from Hong Kong, who is a member of SIU, showed me her smart phone and the app "TALKS on the GO". SIU Academy is a tremendous source for training material which members can access anywhere, anytime.

It is amazing to see how SIU promotes educational opportunities to urologists worldwide. With the kind support of my colleague, I joined the family of SIU and further explored the vast publications, congress and training scholarships provided by the Society. SIU definitely helps me stay up to date on the clinical management of urological conditions, which benefits our patients.

SIU stands out from other urological associations that are mainly regional. I witness the effort of the Society in uniting urologists globally and truly believe it is the most representative body for urologists worldwide. It is my honour to join the Society and hopefully contribute to its future growth. ●



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